

SERMON APPLICATION GUIDE

STAND-ALONE SERMON: GOD, OUR RESCUER

PSALM 107

MARCH 6, 2022

ICEBREAKER: What is your favorite movie that includes a rescue mission or rescue of some sort?

DISCUSSION 1: TOSSED IN TRIALS

1. If you had to identify where you're at with one of the four stories in Psalm 107, which would you choose or why?
 - a. The wanderers lost in a wilderness (4-9)
 - b. The prisoners locked in a dark prison (10-16)
 - c. The sick or suffering brought low (17-22)
 - d. The storm-tossed sailors (23-32)
2. What are some of the lies about God you are tempted to believe when you are in dark trials, suffering, or pain? What are some of the lies you're tempted to believe about yourself?
3. In trials, suffering, and hardships we often feel like we are stuck here forever or that we are all alone. What are some of the truths in this passage or promises of God in general that might help us know we are not alone or abandoned?

DISCUSSION 2: DELIVERED AND RESCUED

1. Can you recall a time where you knew you were in need of God's rescue or help and you experienced it? Share that time and how you saw God at work on your behalf.
2. Why do you think God allows us to get into these trials and even get to a wall or to the bottom before He comes to our rescue? Why does He often take this before we give up on ourselves and cry out to God?
3. How is Jesus our ultimate rescuer, or in what ways has Jesus rescued you? How might rehearsing the gospel and our rescue in Jesus assure us that God will protect, provide, deliver, and rescue us in whatever situations we face today and tomorrow?

DISCUSSION 3: PRAYERFUL. THANKFUL. WATCHFUL.

1. What role does thanksgiving play throughout this psalm?
2. What is one thing you can thank God for today or from this week?
3. Each of these four stories tell us that these sufferers cry out to God in their trouble, and that God hears and delivers them. What's one significant prayer request in your life right now where you are desperate for God to answer? How can this group pray for you as well?
4. Can you share any example of how you've clearly seen God answer prayer for you?
5. Verse 43 tells us a wise person pays attention to God's love and goodness evident in our lives. How could you be more aware of or attentive this week to how God is at work for you, caring for you, teaching you, blessing you, or helping you?